

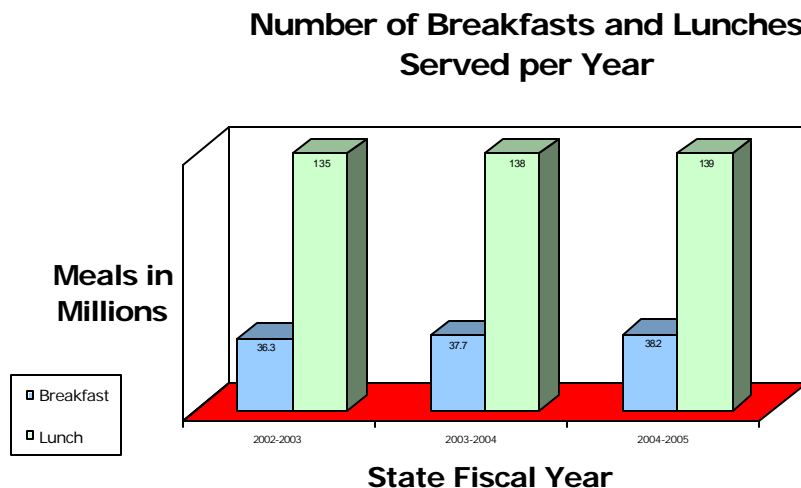


School Meals In Michigan

What are the National School Lunch (NSLP) and School Breakfast Programs (SBP)?

The NSLP and SBP are federally assisted meal programs for school children through the United States Department of Agriculture (USDA). Schools that participate in the NSLP and SBP get cash reimbursement for free, reduced and paid meals and receive USDA commodity foods. School lunches and breakfasts must meet the Dietary Guidelines for Americans and meet nutrient standards based on the Daily Recommended Intake (DRI) for children.

Michigan students eat school lunch and breakfast!



Foodservice Issues:

- ☉ Must ensure costs and revenue balance
- ☉ Must meet nutrient standards
- ☉ Must meet students' taste preferences
- ☉ Must follow USDA program regulations
- ☉ Must keep food safe to eat

School Meals Funding:

- ☉ Federal reimbursement for meals
- ☉ Revenue from paid and reduced price meals
- ☉ Revenue from a la carte sales and catering
- ☉ State supplemental funds for public schools

Did you know?

Research shows that students who eat a healthy breakfast do better on tests, have better attendance, have fewer discipline problems and get the nutrients they need for their growing bodies.

Concerned about students' food choices

Learn More About The School Nutrition Environment

What is a Healthy School Nutrition Environment?

An environment where nutrition and physical activity are taught and supported in the classroom, the cafeteria, and throughout the school.

Where is food available at school?

- School meals
- School stores
- A la carte lines
- Vending machines
- Classroom parties
- Concession stands
- School fundraising
- Classroom rewards



Who is responsible for food offered at school?

School Foodservice Directors, School Administrators, School Board Members, Teachers, Parents, Athletic Directors, Students, School Clubs and Sports Teams

What can we do to change the nutrition environment at our schools?

- TEAMWORK! Form a coordinated school health team including students, foodservice staff, teachers, administrators and others and assess your school's current nutrition and physical activity environment using the Healthy School Action Tool (HSAT) at www.mihealthtools.org/schools
- Using the action plan from HSAT, have the Team develop and implement a Local Wellness Policy, which is required for all schools participating in the National School Lunch Program.
- Enroll schools in Team Nutrition and conduct nutrition education activities that involve students, parents, and the community (www.tn.fcs.msue.msu.edu).



Questions?
MDE School Meals 517.373.3347 or
USDA Child Nutrition Program Website
www.fns.usda.gov/cnd